

## Claims

- [c1] A composition having a total weight for topical application on a nail comprising:
  - gotu kola and a film former, the gotu kola and film former being dissolved in a solvent that is capable of evaporating to deposit the gotu kola and the film former on to the nail.
- [c2] The composition of claim 1 wherein the gotu kola is substantially between 0.0001 to 2% by weight based upon the total weight of the composition.
- [c3] The composition of claim 1 wherein the gotu kola is substantially between 0.00001 to 2% by weight based upon the total weight of the composition.
- [c4] The composition of claim 1 further comprising a plasticizer.
- [c5] The composition of claim 1 further comprising an ultra-violet radiation absorber.
- [c6] The composition of claim 1 further comprising at least one pigment.

- [c7] The composition of claim 1 further comprising a viscosity controlling agent.
- [c8] The composition of claim 1 further comprising a vitamin.
- [c9] A topical nail application composition comprising:  
a nail lacquer including a film former dissolved in a solvent and at least one additional component selected from the group consisting of a plasticizer, a viscosity controlling agent, a ultra violet absorbers, and a pigment; and  
gotu kola.
- [c10] A nail treatment application having a total weight comprising gotu kola.
- [c11] A nail treatment as claimed in claim 10 wherein gotu kola is substantially between 0.0001 to 2 % by weight based upon the total weight of the nail treatment.